



Project: All About Me and My Family

The Big Idea

Who am I? 'This is Me'

What is important to me? What makes me special?

Who is in my family?

Content

- Children will learn about their body – body parts
- Children will learn how to look after their bodies, with a main focus on oral health and hand washing
- Children will understand how they are different and unique
- Children will learn about families and family structures

Early Learning Goal Links (*Progression of Skills Document will have more in-depth 'I can' statements'*)

Managing Self: Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Past and Present: Talk about the lives of the people around them. Know some similarities and differences between things in the past and now, drawing on their experiences.

The learning in this unit will prepare the children to learn these things in the future:

Year 1 Science - What are bodies and what do they do?

Year 1 PSHE - What is the same and different about us? Who is special to us? What helps us stay healthy?

Year 1 Geography - Where is Ashleigh Primary School?

Year 1 History – Toys 'Past and Present'

Year 1 Art – Self Portraits

WHAT PUPILS NEED TO KNOW OR DO TO BE SECURE

Show understanding of the **concept** using key vocabulary correctly

By the end of this unit, the children at the expected standard will:

- Talk about past and present of their own lives.
- Know about similarities and differences between themselves and others and among families.
- Talk about what makes them special.
- Talk about their families and who takes care of them.
- Talk about their bodies – naming body parts and how to keep themselves healthy including oral hygiene and handwashing.
- Talk about how they have grown from a baby to a toddler to a child.
- Recognise that they have changed since being a baby and say what they can do now that they couldn't do as a baby.

Tier 2 and Tier 3 vocabulary explicitly taught:

Today
Yesterday
Then
Now
Old
New
Mum
Dad
Sister
Brother
Grandparents
Body – different parts
Teeth

Time
Year
Similar/Same
Different
Compare
Healthy