



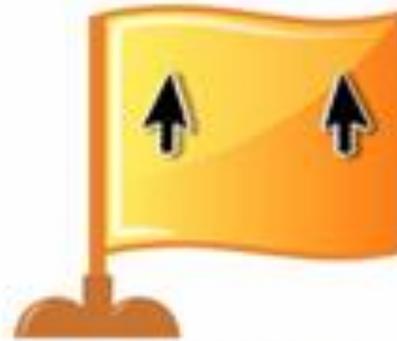
ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.



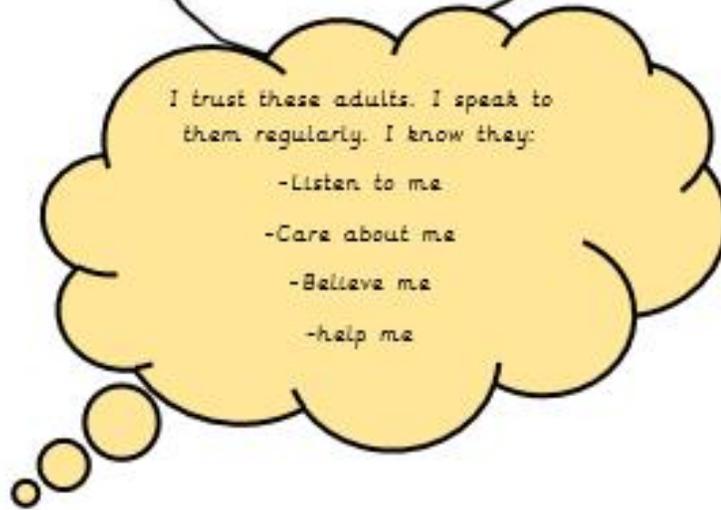
Emergency (fire, police,
ambulance): **999**

Non-Emergency Police: **101**

Childline: **0800 1111**

I trust these adults. I speak to
them regularly. I know they:

- Listen to me
- Care about me
- Believe me
- help me



What do children learn about online safety in school?

Reception What does online mean? What does it mean to share something online? How can people talk to each other using the internet? How do we keep safe online? What rules can help me stay safe and healthy when using technology?

Year 1 Who can help me if I feel upset about something I see online? Why do I need to ask before using the internet? What is personal information? How can I choose kindness online? How might I react if I lose a computer game? Is money spent online real money?

Year 2 What is the internet and how do I stay safe online? Should I play on an x-box all day? What should I do if I see something that worries me on YouTube? Can bullying happen online? What should I share online? People sometimes use the internet or digital devices in their work.

Year 3 Would you say that to my face? What is online bullying? Who is in my online community? Is it OK to change your mind about someone online? How can the internet help us? What is personal information? What is an online identity? Why do some things have age restrictions?

Year 4 Is it healthy to follow the rich and famous on social media? Am I proud of how I act online? Everyone was saying it so I just hit the 'like' button. Should children be allowed to access online banking? Do you know who you are talking to online? Are mobile phones ruining family meal times? Once it's out there, it's out there forever.

Year 5 What does online safety mean? How can my online behaviour impact others? Who's watching me online? I googled it so it must be true. How does the internet influence me? How can the internet influence consumer food habits?

Year 6 What are the pros and cons of the online world? Am I in control when online? I said it online so it's okay. It's not real. Who am I influenced by online? My online self and my real self. Two separate people? Are age restrictions online taken seriously? Why bother? How do I stand up to online bullying? How does social media impact mental health? Online comments: cowardly or brave? How does the internet help gangs to function? Should social media be used as a portal to vent negative emotions?

How can I keep informed?

- ▶ Monthly Knowsley parent online safety newsletters
- ▶ Ashleigh website - links to further information
- ▶ Childnet - resources for parents and carers
- ▶ UK Safer internet centre
- ▶ CEOP (includes reporting functions)
- ▶ Internet Watch Foundation (includes reporting functions)
- ▶ NSPCC <https://www.nspcc.org.uk/keeping-children-safe/online-safety/quiz/>



Online Safety Newsletter March 2024

Managing Screen time from Internet Matters

Are you worried your child has too much screentime or would like more advice on how to support your child in managing their screen time? Internet Matters have a wealth of information on their website to help support you.

This first link discusses how to get the most out of screen time and how to talk to your child about screen time based on their age:

- <https://www.internetmatters.org/issues/screen-time/protect-your-child>

This second link provides advice on how to tackle too much screen time and what the signs of too much screen time might be:

- <https://www.internetmatters.org/issues/screen-time/deal-with-it/>

This final link provides a guide on how to balance screen time:

- <https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips/>

Fortnite Battle Royale



Fortnite Battle Royale is rated PEGI 12 because it features moderate violence which means it is not suitable for persons under 12 years of age.

It is important to remember that when rating games, PEGI do not take into consideration the communication features of a game. Fortnite does include a chat facility, which adds further risks.

What is Fortnite?

There are different versions of Fortnite, including Battle Royale, which is free to play (although in-app purchases are available). In Battle Royale up to one hundred players compete against each other.

What do I need to be aware of?

- **Chatting to strangers and inappropriate language:** Fortnite contains voice and text chat. Due to the nature of the game, your child may be chatting to strangers and may hear inappropriate language. Ensure your child knows how to report players for any inappropriate behaviour.
- **In app purchases:** All users can purchase V-Bucks directly through the game so make sure you don't store your card details within the game/device and restrict purchases.

Parental Controls

Fortnite includes several parental controls to help you make it a safer environment for your child including disabling voice chat, filtering language and setting privacy settings. **Also, remember to set up age-appropriate parental controls on the device your child is playing on.**

Further information

Virgin Media outline how to set up the different parental controls available: <https://www.virginmedia.com/blog/parental-controls/gaming-fortnite>

Online Safety Act 2023

Social media platforms will be expected to:

- ▶ remove illegal content quickly or prevent it from appearing in the first place, including content promoting self-harm
- ▶ prevent children from accessing harmful and age-inappropriate content
- ▶ enforce age limits and age-checking measures
- ▶ ensure the risks and dangers posed to children on the largest social media platforms are more transparent, including by publishing risk assessments
- ▶ provide parents and children with clear and accessible ways to report problems online when they do arise



If social media platforms do not comply with these rules, Ofcom could fine them up to £18 million or 10% of their global annual revenue, whichever is biggest - meaning fines handed down to the biggest platforms could reach billions of pounds.

My child keeps asking to play a game, or download an app that I don't know about, what can I do?



- ▶ <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers/my-child-keeps-asking-to-play-a-game>

Beware of user-generated platforms!



<https://www.common sense media.org/articles/parents-ultimate-guide-to-discord-2024#:~:text=Common%20Sense%20Media%20also%20recommends,a%20group%20that%20forbids%20these>

What do effective parental controls look like?

► Family Agreement

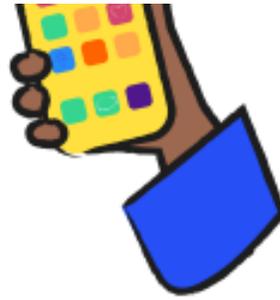
Google Family Link

- This is a parental control app from Google that lets you: - See activity reports showing how long they spend on each app. - Approve or block new app downloads. - Set screen time limits. - Find their location (using their device). You will need to download an app and then decide appropriate settings. <https://families.google.com/familylink>

Apple Family Sharing

- You can set up Family Sharing in the settings of your device. Family Sharing allows you to: - Share Apple subscriptions. - Share purchases from the App Store. - Approve what children purchase/download. - Limit screen time. - Share locations and find devices. <https://www.apple.com/uk/family-sharing/>

Your child's first phone checklist



Have you?

- Decided on a suitable phone for your child?
- Chosen between Pay As You Go or a monthly contract?
- Set the content restrictions and parental controls for the phone itself?
- Activated the content restrictions and parental controls on your home Wi-Fi?
- Shown your child how to use their favourite apps together and how to spot in-app purchases?
- Found the privacy settings and reporting features on each app?
- Created a family agreement?
- Started regular conversations about your child's online activities?
- Talked to your child about what to do if they see something that worries or upsets them?
- Read our advice about how to respond to sensitive issues?